

THE VOW

My life has revolved around feeling sorry for those in suffering, which is why I became a healer. I can help others. I can save them. I will take their burden for them. I recently had a session in which I saw a lifetime where at birth my mother was unable to care for me. Hence, she gave me to the Celestine Monks to take care of me. The head monk became a parent figure and raised me knowing I was very gifted.

As I got older the head monk made me take a vow. I didn't ask questions about the vow, I just took it. I vowed to forever suffer so other people could heal. My healing powers would work only if I were suffering. I was hyper-vigilant in that history to make sure that I was suffering at all times. I have been suffering for eons.

I went from town to town healing people, myself starving, freezing, dirty...suffering. My eyes would not let me see that all the while I thought I was taking on the suffering of others, they were still suffering. I couldn't see it because then I would have to make myself suffer even more. I eventually died in a little room with a bed and a desk, all alone. There was no one left to save. As I was seeing this I felt this incredible anger ooze out of my 3rd, 4th and 5th chakras. I will save NO MORE!!!! I am free! I dissolve the vow.

It's becoming clear how I've carried that suffering forth into the present. I see in my present day life just how much I suffer. I am constantly using things to suffer. My excess weight is one of the biggest forms of suffering. I am always trying to take on other's suffering. Not any more! Who am I to judge that someone is not right where they are meant to be? Who am I not to see someone as perfect just as they are? Who am I to want to save those that need to suffer? I see now that suffering is a choice. Those suffering are choosing to suffer and that is ok. I can see them with love. I can respect them right where they are. But I no longer have to make their life better for them or save them...take on their burdens.

My life is completely changing now that I am free from my vow of suffering. Life is becoming easy. Who would have thought? I had no idea life could be this easy...REALLY!