

Mariposa

My personal metamorphosis was not unlike that of the butterfly. First, I started out as a ground crawler, living in my self-created ideas and stories—living life on MY terms. Next, I entered the cocoon. Here I found the solitude and safety to examine my life, and the many unhealthy patterns that molded my behavior. As I began let it all go, I began to see myself emerging as this beautiful butterfly. At first, my wings were fragile, but through much practice, they have become amazingly strong.

As Mariposa, every day I ask myself, "what am I meant to bring today?" I see my life now as an incredible gift, not a struggle, and there are miracles around every corner. Intuitively, I am learning to be where I needed and what I am meant to bring. Most recently I awoke one morning knowing I had to take my oriental rug and other things from my home to the office. I was directed to give the office a cleaning and make-over. Immediately, everyone who came into the office jumped onboard to help. The energy of the entire place was soon changed. Seeing everyone working together was a confirmation to me of living my life from intuition. Had I been living in my old reality, my ego would have been arguing, "nobody else does anything, why should I" or "this is all MY stuff."

Many times I have been guided to go to one place or another—to drive this way or that, only to wonder why but "knowing" all the while there is a reason...I am being guided. Sometimes the reason becomes clear. Other times it doesn't.

Learning to live my life from intuition has been particularly interesting in regard to my family environment. My sons are my barometer. When they are out of sorts/control, I know I have to look at myself, as I know that the nature of my energy at any given moment affects all. As soon as I see what I'm "sending out" and make the appropriate shift, bam, they also shift.

It has been interesting being married through this process of waking up. My husband and I have faced many growing pains, but we are learning how to work as a team...a mariposa marriage. Life is a joy and I am grateful for every single moment. I am now the butterfly...Mariposa